PEAK PERFORMANCE GOLF ACADEMY™

GOLF SUMMER CAMP

WEEK 1
JUNE 19TH – 23RD

WEEK 2
JULY 10TH – 14TH

WHERE
MOLASSES CREEK PARK
2175 KRAMMES RD
QUAKERTOWN PA

FOR JUNIOR GOLFERS
AGES 6 – 16

REGISTER ONLINE
PEAKPERFORMANCEGOLFACADEMY.COM

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OUR MISSION

At Peak Performance Golf Academy we believe that if students have fun playing their love for the game will grow. Built on a foundation balanced by skills development, physical fitness and fun our Junior Golf Summer Camp program is designed to cultivate a young golfer's love for the game and build a foundation for lifelong play.

OUR CORE VALUES

MINDFULNESS

RESPECT & INTEGRITY

SKILLS DEVELOPMENT

PHYSICAL FITNESS

FUN

WHY PEAK PERFORMANCE?

THE EXPERIENCE

Most local golf camps are only offered for one or two hours, once or twice a week. At Peak Performance Golf Academy Junior Golf Summer Camp your child will experience 5 full days of skills development, physical fitness and fun. Campers will be divided by age group and skill level into groups of 10, and each group will have 2 Peak Performance Golf Academy Junior Golf Certified instructors. With nearly 10 years of experience teaching and training junior golf students Peak Performance Golf Academy has trained over 70 junior golfers, 5 of which have continued on to compete in Junior PGA Tournaments.

THE CURRICULUM

Our goal is to instill a lifelong love for the game of golf. We create balance in our programs so students use their skills to problem solve, increase their strength and physical fitness and build lasting relationships with the other campers.

THE STAFF

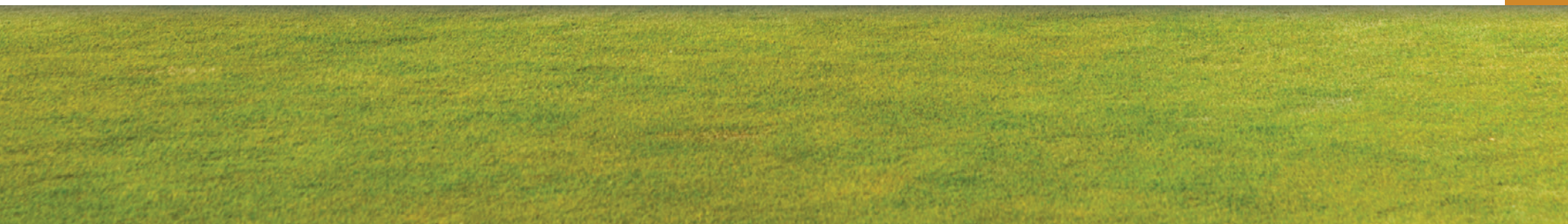
Peak Performance Golf Academy Junior Golf Summer Camp team is led and directed by owner and Titleist Performance Institute Certified Golf instructor Rogerio Higa. Each of our staff members is required to attend the Peak Performance 2 Day Staff Training as a prerequisite to employment.

OUR COACHING METHOD

At Peak Performance Junior Golf Academy we believe each camper is unique which is why we use the latest techology to create a personalized experience for each camper.

Throughout the camp students will have the opportunity complete a 3-D swing assessment and work one on one with their instructor to hone in on their swing style and refine their skills. In addition campers will learn:

- **Individual Swing Analysis**
- **Increasing Drive Distance**
- **Course Strategy**
- **Developing Routine Practice**
- **Mindfulness Skills**
- **Physical Strength & Conditioning**
- **Intentional Use of Each Club**
- **Chipping, Putting & Trajectory Control**
- **Golf Etiquette**



OUR TEAM

ROGERIO HIGA
Owner + Golf Instructor

The coaching team is lead by Peak Performance Golf Academy Owner and Golf Instructor Rogerio Higa. Born and raised in São Paulo, Brazil Rogerio Higa launched Peak Performance Golf Academy in 2015 with a mission to help students of the game improve their skills. Rogerio is tri-lingual, fluent in portugese, japanese and english, he is also Titleist Performance Institute Certified for Adult Level 1 and Junior Golf Levels 1 & 2.

OUR STAFF

Peak Performance Golf Academy Junior Golf Summer Camp team is led and directed by owner and Titleist Performance Institute Certified Golf instructor Rogerio Higa. Each of our staff members is required to attend the Peak Performance 3 Day Staff Training as a prerequisite to employment. At Peak Performance Golf Academy camper safety is our top priority. Each of our staff members is required to obtain all current clearances as well as complete both First Aid and CPR certification. All staff members are also required to complete Heads Up Youth Sports concussion training in accordance with PA law.

CAMP DATES / SCHEDULE

The Peak Performance Junior Golf summer camp program is offered to students ages 6-16 during two separate weeks over the 2023 summer break. Our Summer Camp includes a daily schedule packed with skills training, physical fitness, and fun. Each camper will be given the opportunity to show off the skills they've learned on the final day of camp at a local nine hole course accompanied by their parents and/or instructors.

2023 CAMP DATES

WEEK 1
June 19th - June 23rd

WEEK 2
July 10th - July 14th

LOCATION

MOLASSES CREEK PARK
2175 Krammes Rd
Quakertown PA 18951

SKILL LEVEL

All Skill Levels

DAILY SCHEDULE*

8:00 AM	CAMPER DROP-OFF	**10:30 AM**	FUN WITH GOLF	**1:30 PM**	FUN WITH GOLF
8:15 AM	PHYSICAL FITNESS	**11:15 AM**	PHYSICAL FITNESS	**2:15 PM**	PHYSICAL FITNESS
9:00 AM	SKILLS DEVELOPMENT	**12:00 PM**	LUNCH	**3:00 PM**	GROUP ACTIVITY
9:45 AM	HEALTHY SNACK	**12:45 PM**	SKILLS DEVELOPMENT	**3:45 PM**	CAMPER PICK-UP

* Each day is broken up into 45 minute intervals. Every 45 minutes campers will rotate between stations to practice physical fitness, skills development and engage in a fun golf related activity. Each group will begin at a different station daily so the times for specific activities may vary. Water breaks will be given every time campers switch stations and at the mid point in each activity. Campers will also be encouraged to take water breaks as needed.

REGISTRATION

We are currently accepting applications for Summer 2023. A 50% deposit is required upon registration. Payment in full is required 30 days prior to the start of your selected camp week. Space is limited and camp sessions tend to fill up quickly. **Register now to save your spot.**

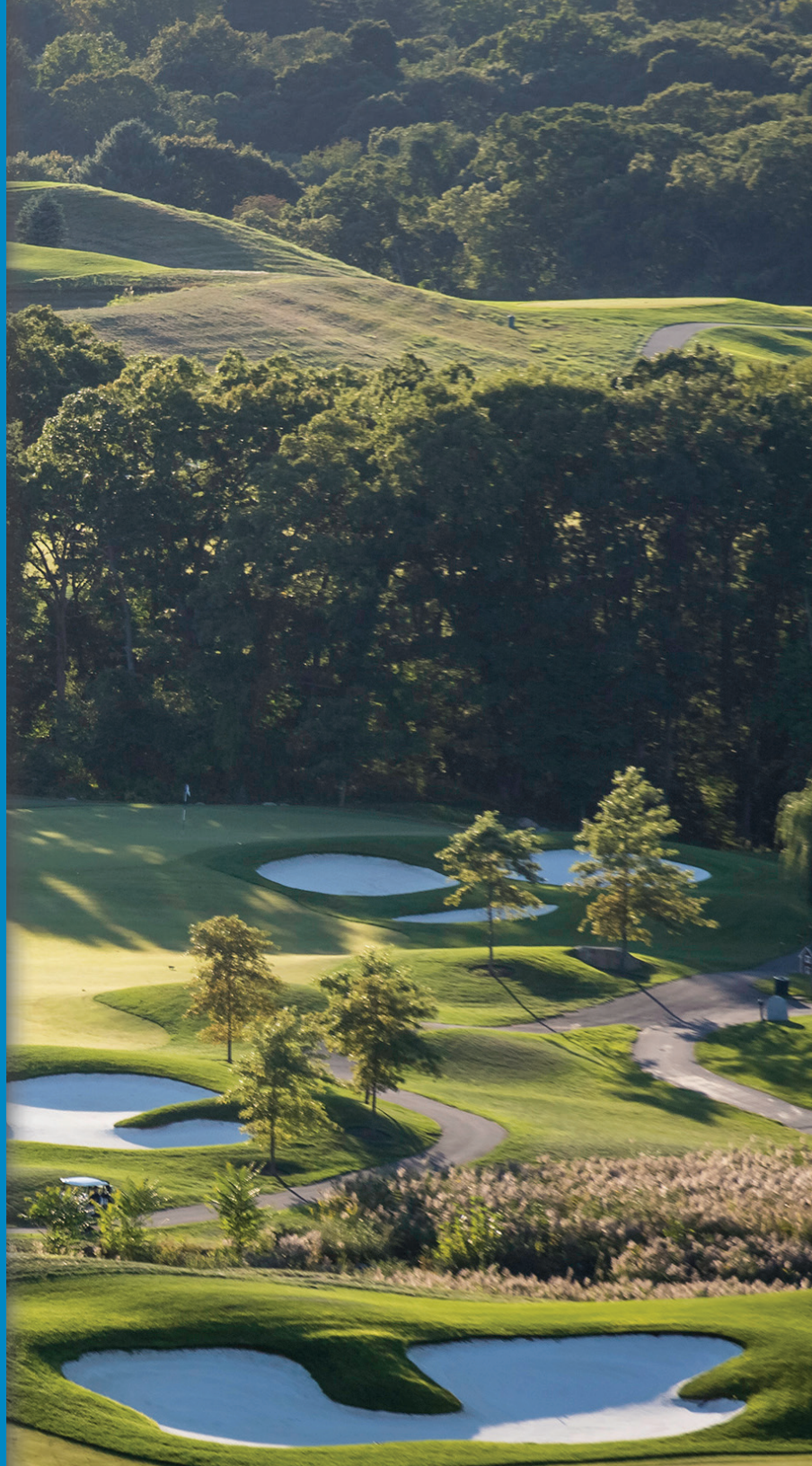
REGISTER ONLINE

peakperformancegolfacademy.com**/summer-golf-camp-2023/**

BY PHONE

215 715 1307

BY EMAIL

summercamp@peakperformancegolfacademy.com

Still have questions? Give us a call or send us an email. we'd love to hear from you.